

## Helpful Information and Benefits

### *For postdoctoral fellows in the school of medicine:*

- Vacation: 2-4 weeks per year as determined by the training program director
- Medical Insurance
  - \$100 personal/ \$300 family deductible (you pay this before insurance kicks in)
  - Maximum out of pocket expenses per year \$3,000 personal/ \$9,000 family (not including medication costs)
  - Most visits will have coinsurance (what you owe for visit) in network 10-20% of cost, out of network 20-30%
  - Many more details available here:  
[http://www.hopkinsmedicine.org/som/offices/registrars/pdoc\\_benefits.html](http://www.hopkinsmedicine.org/som/offices/registrars/pdoc_benefits.html)
- Eye Insurance (one routine visit per year, more coverage for non-routine care)
- Dental Insurance (2 routine visits per year, more coverage for non-routine care)
- Maternity or paternity leave (includes adoption of child) 8 weeks paid with no loss in tuition benefits, stipend support, or benefits from a training grant, fellowship, or scholarship.
- Life insurance \$100,000 (automatic enrollment, premium paid for by Hopkins)
- More details can be found on the SOM office of postdoctoral affairs website:  
<http://www.hopkinsmedicine.org/som/offices/pda/>

### *For postdoctoral fellows in the school of public health:*

- Contact your administrator or a chief fellow

### *Mandatory Online Training for all New Fellows:*

- *Blood Borne Pathogens*
- *Research Ethics*
- *Active Shooter Scenarios*

### *NIH Pay Scale (Which JHU Follows)*

Postdoctoral Stipend levels for FY 2017

Career Level	Years of Experience	Actual Stipend for FY 2016	Stipend for FY 2017	Monthly Stipend
Postdoctoral	0	\$43,692	\$47,484	\$3,957
	1	\$45,444	\$47,844	\$3,987
	2	\$47,268	\$48,216	\$4,018
	3	\$49,152	\$50,316	\$4,193
	4	\$51,120	\$52,140	\$4,345
	5	\$53,160	\$54,228	\$4,519
	6	\$55,296	\$56,400	\$4,700
	7 or More	\$57,504	\$58,560	\$4,880